



**SCHUYLKILL HAVEN AREA SCHOOL DISTRICT
BREAKFAST & LUNCH MENU**

Nov-17



| Monday | | Tuesday | | Wednesday | | Thursday | | Friday | |
|---------------|--|----------------|---|------------------|---|-----------------|---|---------------|---|
| 30 | <u>BREAKFAST</u> Fruit Mini-Muffin Whole Grain Cereal Fresh Fruit or Juice Milk <u>LUNCH</u> A. Hot Dog B. Chicken Patties C. P.B. & Jelly Baked Beans Sauerkraut Mashed Potatoes Applesauce Orange | 31 | <u>BREAKFAST</u> Egg & Cheese Omelet Fresh Fruit or Juice Milk <u>LUNCH</u> A. Chicken Nuggets B. Chicken Patties C. P.B. & Jelly Peas Buttered Pasta Strawberry Cup Apple | 1 | <u>BREAKFAST</u> Bagel Yogurt Fresh Fruit or Juice Milk <u>LUNCH</u> A. Cheese Steak B. Chicken Patties C. P.B. & Jelly Corn French Fries Peaches Banana | 2 | <u>BREAKFAST</u> Mini-Waffles Fresh Fruit or Juice Milk <u>LUNCH</u> A. Lasagna B. Chicken Patties C. P.B. & Jelly Tossed Salad Grape Tomatoes Fruit Sherbet Pears | 3 | <u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Pizza Wedge B. Chicken Patties C. P.B. & Jelly Baby Carrots Summer Blend Vegetables Pineapples Grapes |
| 6 | <u>BREAKFAST</u> Cinni Mini Bun Fresh Fruit or Juice Milk <u>LUNCH</u> A. Corn Dog B. Pizza C. P.B. & Jelly Green Beans Mashed Potatoes Mixed Fruit Yogurt | 7 | <u>BREAKFAST</u> Pancakes Fresh Fruit or Juice Milk <u>LUNCH</u> A. Pasta w/Meat Sauce B. Pizza C. P.B. & Jelly Garbanzo Beans Romaine Salad - Tomatoes Dinner Roll (HS) Pears Clementine | 8 | <u>BREAKFAST</u> Pop Tart Whole Grain Cereal Fresh Fruit or Juice Milk <u>LUNCH</u> A. Pop-Corn Chicken B. Pizza C. P.B. & Jelly Peas Rice Cucumber Slices Pineapples Grapes | 9 | <u>BREAKFAST</u> Nutri-Grain Bar Fresh Fruit or Juice Milk <u>LUNCH</u> A. Ham & Cheese Sub B. Pizza C. P.B. & Jelly Fresh Vegetables Sun Chips Baby Carrots Mandarin Oranges Peaches | 10 | <u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Toasted Cheese B. Pizza C. P.B. & Jelly Celery w/Dip Tomato Soup Banana Applesauce |
| 13 | <u>BREAKFAST</u> Oatmeal Bar Yogurt Fresh Fruit or Juice Milk <u>LUNCH</u> A. Cheese Burger B. Hot Dog C. P.B. & Jelly Lettuce Tomato Cup Potato Fries Apple Slices Mixed Fruit | 14 | <u>BREAKFAST</u> Fruit-Filled Pancakes Fresh Fruit or Juice Milk <u>LUNCH</u> A. Chicken Stew B. Hot Dog C. P.B. & Jelly Bread Stick Cucumber Slices Peach Cup Oranges | 15 | <u>BREAKFAST</u> French Toast Sticks Fresh Fruit or Juice Milk <u>LUNCH</u> A. Hot Pockets B. Hot Dog C. P.B. & Jelly Romaine Salad Grape Tomatoes Garbanzo Beans Pears Peaches | 16 | <u>BREAKFAST</u> Graham Crackers Yogurt Fresh Fruit or Juice Milk <u>LUNCH</u> Turkey Dinner Filling-Corn Sw. Potatoes Dinner Roll Cranberry Sauce Ice Cream | 17 | <u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Pizza B. Hot Dog C. P.B. & Jelly Summer Blend Vegetables Stewed Tomatoes Apple Pineapples |
| 20 | <u>BREAKFAST</u> Fruit Turn Over Fresh Fruit & Juice Milk <u>LUNCH</u> A. Chicken Strips B. Beef BBQ C. P.B. & Jelly Buttered Pasta Winter Blend Vegetables Peaches Mixed Fruit | 21 | <u>BREAKFAST</u> Chocolate Chip Waffle Fresh Fruit or Juice Milk <u>LUNCH</u> A. Hot Ham & Cheese B. Beef BBQ C. Ham on Roll Potato Tots Celery & Carrots w/Dip Banana Juice Cup | 22 | <u>BREAKFAST</u> Whole Grain Cereal Mini Muffin Fresh Fruit or Juice Milk <u>LUNCH</u> A. Beef Ravioli w/Muffin B. Beef BBQ C. P.B. & Jelly Cucumbers String Cheese Romaine Salad Mandarin Oranges Pears | 23 | <u>BREAKFAST</u> Breakfast Pizza Fresh Fruit or Juice Milk <u>LUNCH</u> Roast Turkey Filling - Gravy Corn Dinner Roll Ice Cream | 24 | <u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit Milk <u>LUNCH</u> A. Pierogies B. Beef BBQ C. P.B. & Jelly Garbanzo Beans Romaine Salad Green Beans Tropical Fruit Grapes |

Breakfast..... \$1.10
Breakfast (Reduced)... \$0.30
Lunch (Reduced)..... \$0.40

LUNCH
Elementary..... \$2.35
Middle School..... \$2.45
High School..... \$2.65

*MENUS SUBJECT TO CHANGE AS REQUIRED.
Choice of fresh fruits, salads and vegetables daily
Choice of 1%, chocolate and skim milk available daily