




Schuylkill Haven School District
LUNCH MENU
AUGUST & SEPTEMBER 2018



Monday		Tuesday		Wednesday		Thursday		Friday	
27	<u>BREAKFAST</u> Muffin Whole Grain Cereal Fresh Fruit or Juice <u>LUNCH</u> A. Hot Dog B. Chipped Ham & Cheese C. P.B. & Jelly Baked Beans Sauerkraut Mashed Potatoes Applesauce Orange	28	<u>BREAKFAST</u> French Toast Slice Fresh Fruit or Juice <u>LUNCH</u> A. Chicken Parmesan B. Chipped Ham & Cheese C. P.B. & Jelly Celery Sticks Buttered Pasta Steamed Broccoli Apple Slices	29	<u>BREAKFAST</u> Pop-Tart Whole Grain Cereal Fresh Fruit or Juice <u>LUNCH</u> A. French Bread Pizza B. Chipped Ham & Cheese C. P.B. & Jelly Corn Salad Peaches Banana	30	<u>BREAKFAST</u> Bagel Yogurt Fresh Fruit or Juice <u>LUNCH</u> A. Taco In A Bag B. Chipped Ham & Cheese C. P.B. & Jelly Lettuce-Tomato Cup Cheese - Salsa Soft Pretzel Fruit Sherbet	31	<u>BREAKFAST</u> Breakfast Grabber Fresh Fruit <u>LUNCH</u> A. Personal Pan Pizza B. Chipped Ham & Cheese C. P.B. & Jelly Steamed Broccoli & Cauliflower Fresh Veggie Choice Pineapples Apple Sauce
3	<u>BREAKFAST</u>  <u>LUNCH</u> A. Turkey Sub B. Pizza C. P.B. & Jelly Pickles Sun Chips Baby Carrots Mandarin Oranges Peaches	4	<u>BREAKFAST</u> Yogurt Muffin Fresh Fruit or Juice <u>LUNCH</u> A. Pasta w/Meat Sauce B. Pizza C. P.B. & Jelly Garbanzo Beans Romaine Salad - Tomatoes Dinner Roll (H.S.) Pears Clementine	5	<u>BREAKFAST</u> Egg Omelet English Muffin Fresh Fruit or Juice <u>LUNCH</u> A. Pop-Corn Chicken B. Pizza C. P.B. & Jelly Mashed Potatoes Corn-Bread Stick Cucumber Slices Pineapples Grapes	6	<u>BREAKFAST</u> French Toast Sticks Fresh Fruit or Juice <u>LUNCH</u> A. Chicken Fajita B. Lebanon Bologna C. P.B. & Jelly Lettuce-Tomatoes Cheese-Salsa Soft Pretzel Pineapples	7	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit <u>LUNCH</u> A. Toasted Cheese B. Pizza C. P.B. & Jelly Celery w/Dip Tomato Soup Banana Applesauce
10	<u>BREAKFAST</u> Pancakes Fresh Fruit or Juice <u>LUNCH</u> A. Turkey Pot-Pie B. Lebanon Bologna C. P.B. & Jelly Salad-Cherry Tomatoes Garbanzo Beans Dinner Roll/Spread Apple Sauce Grapes	11	<u>BREAKFAST</u> Mini Muffin Whole Grain Cereal Fresh Fruit or Juice <u>LUNCH</u> A. Corn Dog Nuggets B. Lebanon Bologna C. P.B. & Jelly Potato Fries Cucumbers Mixed Fruit Orange	12	<u>BREAKFAST</u> Cinni Mini Fresh Fruit or Juice <u>LUNCH</u> A. Egg/Cheese on Croissant B. Lebanon Bologna C. P.B. & Jelly Hash Brown Baby Carrots Juice Cup Banana	13	<u>BREAKFAST</u> Waffles Fresh Fruit or Juice <u>LUNCH</u> A. Lasagna Roll Ups B. Hot Dog C. P.B. & Jelly Salad w/Tomatoes Roll w/spread Peaches Banana	14	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit <u>LUNCH</u> A. Mac & Cheese B. Lebanon Bologna C. P.B. & Jelly Stewed Tomatoes-Carrots Celery w/dip Sherbet Cup Apple Slices
17	<u>BREAKFAST</u> Graham Cracker Yogurt Fresh Fruit or Juice <u>LUNCH</u> A. Cheese Burger B. Hot Dog C. P.B. & Jelly Lettuce Tomato Cup Potato Fries Apple Slices Mixed Fruit	18	<u>BREAKFAST</u> Fruit Pancakes Fresh Fruit or Juice <u>LUNCH</u> A. Beef Ravioli B. Hot Dog C. P.B. & Jelly Bread Stick Salad-Cucumbers Peach Cup Oranges	19	<u>BREAKFAST</u> Breakfast Pizza Fresh Fruit or Juice <u>LUNCH</u> A. Hot Pockets B. Hot Dog C. P.B. & Jelly Potato Fries Green Beans Celery w/Peanut Butter Pears Grapes	20	<u>BREAKFAST</u> Toast/Spread Whole Grain Cereal Fresh Fruit or Juice <u>LUNCH</u> A. Meatball Sandwich B. Chicken Pattie C. P.B. & Jelly Potato Fries Assorted Fresh Vegetables Apple Sauce Clementines	21	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit <u>LUNCH</u> A. Pizza Wedge B. Hot Dog C. P.B. & Jelly Summer Blend Vegetables Baby Carrots Apple Pineapples
24	<u>BREAKFAST</u> Choc. Chip Waffles Fresh Fruit or Juice <u>LUNCH</u> A. Chicken Strips w/Roll B. Chicken Pattie C. P.B. & Jelly Mashed Potatoes Winter Blend Vegetables Peaches Mixed Fruit	25	<u>BREAKFAST</u> Pop-Tart Whole Grain Cereal Fresh Fruit or Juice <u>LUNCH</u> A. Hot Ham & Cheese B. Chicken Pattie C. P.B. & Jelly Potato Tots Celery & Carrots w/Dip Banana Juice Cup	26	<u>BREAKFAST</u> Scrambled Eggs Fruit or Juice <u>LUNCH</u> A. Chicken Penne B. Chicken Pattie C. P.B. & Jelly Salad - Grape Tomatoes Dinner Roll w/Spread Pears Mandarin Oranges	27	<u>BREAKFAST</u> Apple Turnover Fruit or Juice <u>LUNCH</u> A. Pierogies B. Chicken Pattie C. P.B. & Jelly Pretzel Nuggets Broccoli - Baby Carrots Pineapples Peach Cups	28	<u>BREAKFAST</u> Breakfast Grabbers Fresh Fruit <u>LUNCH</u> A. Pierogies B. Chicken Pattie C. P.B. & Jelly Pretzel Nuggets Broccoli - Baby Carrots Pineapples Peach Cups

*MENUS SUBJECT TO CHANGE AS REQUIRED. Choice of fresh fruits, salads and vegetables daily
Choice of 1%, chocolate and skim milk available daily